



#KALEConference2025

Professor Phil Wood

Phil Wood is Professor of Education in the Nottingham Institute of Education, School of Social Sciences at Nottingham Trent University (NTU). He is a Senior Fellow of Advance HE. His research focuses on the nature of change, particularly organisational change in educational settings, using process philosophy and complexity theory as ways to explore this area of research. He is also a research impact champion within the School of Social Sciences for the Social Work and Social Policy unit of assessment within the REF exercise.

Workshop Description

Reclaiming our wellbeing: an active research session

Professor Phil Wood (Nottingham Trent University) and Dr Aimee Quickfall (Leeds Trinity University) are leading researchers in teacher wellbeing, and published their groundbreaking book, 'Transforming Teacher Work: Teacher Recruitment and Retention after the Pandemic' in 2024. In this session Professor Wood will share insights he and Dr Quickfall have gleaned into how, within the challenges and complexities of the education system, teachers can reclaim their wellbeing. He will explore the differences between passive and active wellbeing, as well as present a model for 'Promotive Organisations' which put thriving, sustaining, belonging and fulfilment front and centre. The session will be grounded in the art of the possible, as well as best practice seen from current research. There will also be an opportunity for participants to engage directly in research in the session and beyond it.